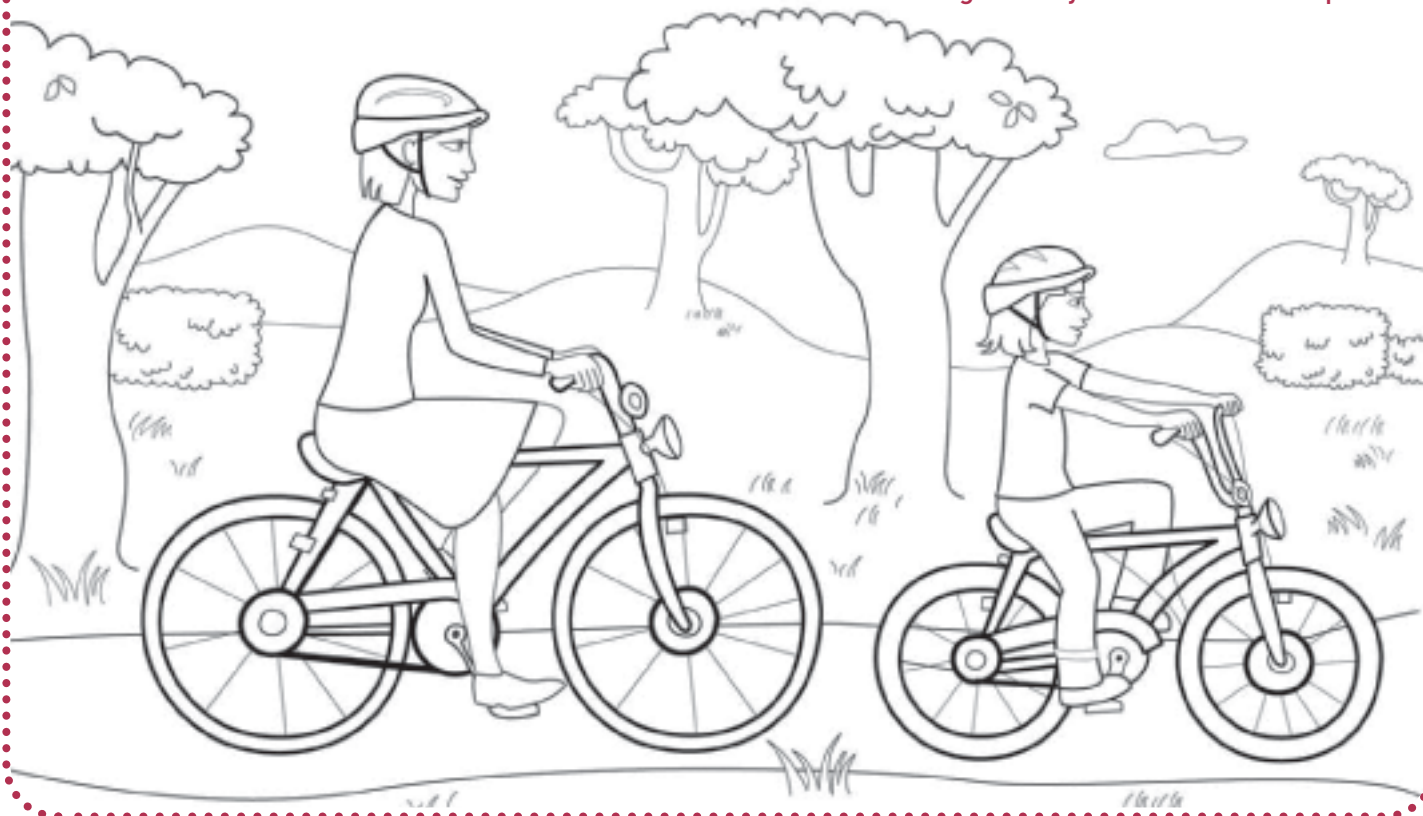


It's fun to be safe!



Keep your head safe!

You should always wear a cycle helmet when riding a bike. It helps to stop your head being badly hurt if you fall off. Colour in this picture of a mum and child wearing their cycle helmets in the park.



Safety smart!

Be safe, be smart! Unscramble the words below to find out how to keep yourself, and your family and friends, safe from injuries and accidents

1. You should always wear a helmet when you are doing this – so you don't hurt your head if you fall off

Y I N G C L C

2. This is the safest place to swim because there are trained lifeguards and a shallow end

W I N G M I S L O O P M

3. This makes a loud noise to warn your family that a fire has started – which is why every home should have one

L O S E R K A M M A

4. You might use one of these to dry your hair but never take it into the bathroom as water and electricity don't mix – and you could be badly hurt!

R E D H Y R A I R

5. Stay safe on one of these by bouncing on your own

T I L P E R M O A N

Keep your Head Safe Answers: 1. Cycling, 2. Swimming Pool, 3. Smoke Alarm, 4. Hair Dryer, 5. Trampoline

